

The way we live our lives and operate has changed dramatically. As we continue to adapt to the changes and get used to the new way of living, we ask all our members to be safe and continue to follow Government guidelines of social distancing, washing hands and self-isolating if exhibiting signs of the virus. When you visit us things may look a little different, and it may take a little longer before you are served. Below are some of the measures we have taken for both your safety and our staff.

### Social Distancing

- You will find social distancing signs before you enter and around the centre.
- We ask members to queue up outside the sliding doors on the floor markings until our receptionist can see you. We are operating on a one in and one out system.
- Please continue to use a common-sense approach when interacting with our staff and other members, follow social distancing guidelines.
- There will be limitations on the number of people that can use the centre and parts of the building, no spectators are allowed on the site.
- Please avoid using areas within the building which are not in use.
- The changing rooms and showers are out of use, and the toilets operate on a one in one out system.

### Cleaning

- Cleaners are fully briefed on the expectations of the cleaning needed around the site.
- Our cleaners have attended inhouse training courses, covering Covid 19, COSHH, risk assessments, manual handling, and bodily fluids.
- We have enhanced our cleaning products and use antibacterial cleaning sprays, wipes and hand sanitising hand pumps around the site.
- Our toilets have soap dispensers and hand towels in them.
- Our high areas of use get a deep clean regularly.
- We have taken some equipment out of use, limiting what can be used and when.

### Your Safety and Ours

- Our toilets have soap and hand towels in them. Wash your hands regularly and bin waste.
- If you sneeze, follow the Government guidelines, Catch it, Bin it, Kill it.
- Do not use any other areas of the building, other than what you have come in to use.
- There are hand sanitising pumps around the site, if you cannot wash your hands please use the pumps.
- We encourage members to bring in and use their own equipment, such as rackets and balls, we will not be providing equipment.
- Our lockers are out of use, do not bring anything to the centre that you don't need to bring in.

### Our Uniform Shop

- You will find social distancing signs before you enter the shop.
- We ask members to queue up outside Uniform Shop doors. We are operating on a two in and two out system.
- We have placed a hand sanitiser pump as you enter, please use it when you come in and exit.
- There is a plastic barrier on our shop counter, for both your and our safety.
- Pedal bins are available by the shop counter, Catch it, Bin it, Kill it.
- Uniform cannot be worn. We can hold it up so you can visually see if it fits. We are happy to exchange the goods if they do not fit. Simply bring the unused item back, with your receipt.
- If you can, please pay by contactless card.
- Our toilets are out of use.

Working together, we can make it a safe and enjoyable environment, help us to help you and follow our above guidelines when using the centre.

Thank you